

ST THOMAS OF VILLANOVA PARISH SCHOOL TUCKSHOP MENU 2020

DAILY SPECIALS - LUNCH	
Add \$3 for your Meal Deal	
Items below are available as a <u>Meal Deal</u> (includes 300ml Flavoured Milk, Popper or Water & Cookies)	
MONDAY	
Plain Pies	\$4.20
Bacon Cheese and Pies	\$4.20
Sausage Rolls	\$2.00
Party Pies	\$2.00
TUESDAY	
Beef Burgers	\$5.20
(Lettuce, Tomato, Cheese, Tomato sauce)	
Chicken Fillet Burgers	\$5.20
(Lettuce, Cheese, Mayonnaise)	
Beef Lasagne	\$4.20
WEDNESDAY	
Chicken Nuggets	\$0.50 ea
Spaghetti	Small \$2.80
Spaghetti	Large \$5.20
Sushi Rolls Tuna or Chicken	\$3.20
(FORNIGHTLY—as per calendar on reverse)	
Soy Sauce	\$0.20
THURSDAY	
Beef Lasagne	\$4.20
Wedges (cup)	\$3.80
Tomato sauce/gravy	\$0.30
Roast Beef Rolls (includes gravy)	\$5.20
FRIDAY	
Mini Pizza	\$2.00
Garlic Bread	\$1.50
Extras: (Available with any of the above)	
Tomato Sauce, BBQ Sauce \$0.30	

2020 DATES FOR SUSHI	
ONLY AVAILABLE ON	
February	Wed 5 th Wed 19 th
March	Wed 4 th Wed 18 th
April	Wed 1 st Wed 29 th
May	Wed 13 th Wed 27 th
June	Wed 10 th Wed 24 th
July	Wed 22 nd
August	Wed 5 th Wed 19 th
September	Wed 2 nd Wed 16 th
October	Wed 14 th Wed 28 th
November	Wed 11 th Wed 25 th



MAIN LUNCHES EVERYDAY	
Sandwiches (White or Multigrain) / Rolls / Wraps	
Chicken & Salad	\$5.20
Ham & Salad	\$5.20
Salad & Cheese	\$4.70
Egg & Lettuce	\$4.70
Sweet Chilli Chicken Wrap	\$5.00
(Lettuce, Cheese, Aioli)	
Ham	\$4.00
Chicken	\$4.00
Vegemite, Honey	\$1.60
Tasty Toasties (White or Multigrain)	
Cheese	\$3.70
Chicken & Cheese	\$4.70
Ham & Cheese	\$4.70
Chicken	\$4.00
Ham	\$4.00
Vegemite & Cheese	\$3.00
Extras	
Tomato	\$0.30
Onion	\$0.30
Pineapple	\$0.50
Salad Tubs	
Green Salad Tub	\$5.50
(Includes: Lettuce, Beetroot, Carrot, Tomato, Cucumber, Cheese, ½ Egg)	
Extras: Ham	\$0.70
Chicken	\$0.70
Salad Dressing	\$0.30

EXCITING EXTRAS	
Extras	
Fresh Fruit	\$1.00
Boiled Egg	\$1.00
Muffins	\$1.60
Currant Bun	\$1.80
Frozen Yoghurt incl Teaspoon	
-Strawberry/Mango	\$2.30
Drinks	
Flavoured Milk Small	\$2.00
(Choc, Strawberry)	
Flavoured Milk Large	\$3.50
(Choc Only)	
Water Large	\$2.00
Poppers	\$2.00
(Apple, Tropical, Apple & Mango)	
Fruit Juice	
(Orange, Apple) \$2.60	
Plastic Teaspoons & Forks 50c	
Second Break ONLY – Wed/Thus/Fri	
No hot food will be served at second break	
Milo incl Teaspoon	\$2.30
Funny Faces	\$1.00
Billabong (Chocolate)	\$2.00
Frosty Fruits	\$2.00
Jelly & Custard	
(incl Teaspoon) \$2.00	
Liquorice	\$0.50 Bag

For help call 1300 361 769

Order online - www.flexischools.com.au

Order online.....

www.flexischools.com.au

HELP – To keep our tuckshop running five days per week we need your help. If you can spare one day per month for only two hours 9am – 11am, please come in and see Janet or Kaye in the Tuckshop.